

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

## Chaparral House Activity Calendar

				<p>10:00 MORNING GREETINGS 11:00 TRAVEL PROGRAM (LR) 12:00 CHAIR DANCING (LR) 1:00 LUNCH 2:30 BEAN BAG TOSS (LR) <b>3:30 DOCUMENTARY: BECOMING MICHELLE OBAMA</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>2 10:00 MORNING GREETINGS 11:00 SIT-COMS (LR) 12:00 MOVIN' AND GROOVIN' (LR) 1:00 LUNCH 2:30 BINGO (LR) 3:30 RING TOSS (LR) 4:30 EVENING NEWS (LR) <b>5:00 SHABBAT (AR)</b> 6:00 DINNER</p> <p style="text-align: center;">Groundhog Day</p>	<p>3 10:00 MORNING GREETINGS 11:00 FLOWER ARRANGING (LR) 12:00 YOUR FAVORITE MUSIC (LR) 1:00 LUNCH 2:30 PING-PONG BALL CHALLENGE (LR) 3:30 WEEKEND MATINEE (LR) 4:30 ONE ON ONE VISITS 6:00 DINNER</p>
<p>4 10:00 MORNING GREETINGS 11:00 MOVIN' AND GROOVIN' (LR) 12:00 MANICURES (LR) 1:00 LUNCH <b>2:30 WORSHIP SERVICE (LR)</b> 3:30 CREATIVE EXPRESSION (LR) 4:30 EVENING MOVIE 5:00 ONE ON ONE VISITS 6:00 DINNER</p>	<p>5 10:00 MORNING GREETINGS 11:00 MUSIC CONCERT (LR) 12:00 FRIENDLY VISITS W/ MARIA (INDV) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PET VISITS W/ PRETZEL (INDV) <b>2:30 BLACK HISTORY MONTH: WHO AM I? (LR)</b> 3:30 CLASSIC FILM (LR) 4:30 POET'S CORNER W/ MINOO (INVD) 5:00 EVENING NEWS (LR)</p>	<p>6 10:00 MORNING GREETINGS 10:30 FRIENDLY VISITS W/ JENNA (INDV) 11:00 COFFEE AND TEA SOCIAL (PO) 12:00 BREATHING EXERCISE W/ JANE (LR) 1:00 LUNCH 2:30 BALLOON TOSS (LR) 2:30 PET VISITS W/ GABBY &amp; CHRISTINE (INDV) <b>3:30 SCIENCE EXPERIMENT (LR)</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR)</p>	<p>7 10:00 MORNING GREETINGS 11:00 YOUR FAVORITE MUSIC (LR) 11:00 FRIENDLY VISITS W/ ANN (INDV) <b>12:00 PIANO W/ PAUL (LR)</b> 1:00 LUNCH 2:30 DART THROWING (LR) 2:30 FRIENDLY VISITS W/ SUE 3:30 EVENING STRETCH (LR) 4:30 SENSORY STIMULATION W/ XIAOJUN 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>8 10:00 MORNING GREETINGS 11:00 TRAVEL PROGRAM (LR) <b>12:00 GUITAR WITH STEVE (LR)</b> 1:00 LUNCH 2:30 BEAN BAG TOSS (LR) <b>3:30 DOCUMENTARY: OPRAH WINFREY</b> <b>4:30 PIANO W/ ASPEN (LR)</b> 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>9 10:00 MORNING GREETINGS 11:00 SIT-COMS (LR) 12:00 MOVIN' AND GROOVIN' (LR) 1:00 LUNCH 2:30 EXERCISE W/ MYE (LR) 2:30 FRIENDLY VISITS W/ ANN (INDV) <b>3:30 BINGO (LR)</b> 4:30 EVENING NEWS (LR) <b>5:00 SHABBAT (AR)</b> 6:00 DINNER</p>	<p>10 10:00 MORNING GREETINGS 11:00 FLOWER ARRANGING (LR) <b>12:00 PIANO W/ JAKE (LR)</b> 1:00 LUNCH 2:30 PING-PONG BALL CHALLENGE (LR) <b>3:30 LUNAR NEW YEAR AROUND THE WORLD (LR)</b> 4:30 ONE ON ONE VISITS 6:00 DINNER</p> <p style="text-align: right;">Chinese New Year (Year of the Dragon)</p>
<p>11 10:00 MORNING GREETINGS 11:00 MOVIN' AND GROOVIN' (LR) 11:00 FRIENDLY VISITS W/ WEI-CHI 11:00 FRIENDLY VISITS W/ CHIEN-HAO <b>12:00 PIANO W/ DEBBI (LR)</b> 1:00 LUNCH <b>2:30 WORSHIP SERVICE (LR)</b> <b>3:30 TEA PARTY! (DR)</b> <b>3:30 GUITAR WITH TONY (DR)</b> <b>3:30 SUPERBOWL SUNDAY! (LR)</b> <b>4:00 SENSORY STIMULATION W/ SEAN</b> 6:00 DINNER</p>	<p>12 10:00 MORNING GREETINGS 11:00 MUSIC CONCERT (LR) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PET VISITS W/ PRETZEL (INDV) 2:30 RING TOSS (LR) 3:30 CLASSIC FILM (LR) 4:30 POET'S CORNER W/ MINOO (INVD) 5:00 ONE ON ONE VISITS 6:00 DINNER</p>	<p>13 10:00 MORNING GREETINGS 11:00 FAVORITE MUSIC (LR) <b>12:00 HARP W/ KAY (LR)</b> 1:00 LUNCH <b>2:30 MARDI GRAS MASK MAKING (LR)</b> 2:30 PET VISITS W/ GABBY &amp; CHRISTINE (INDV) <b>3:30 MARDI GRAS HISTORY (LR)</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER <small>Mardi Gras</small></p>	<p>14 10:00 MORNING GREETINGS 11:00 REMEMBERING LOVE SONGS (LR) 11:00 FRIENDLY VISITS W/ ANN (INDV) <b>12:00 RESIDENT COUNCIL (LR)</b> 1:00 LUNCH <b>2:00 LIVE MUSIC W/ JERRY G. (LR)</b> <b>3:00 VALENTINE'S DAY PARTY (LR)</b> 2:30 FRIENDLY VISITS W/ SUE 3:30 EVENING STRETCH (LR) 4:30 SENSORY STIMULATION W/ XIAOJUN 5:30 EVENING NEWS (LR) 6:00 DINNER <small>Valentine's Day</small></p>	<p>15 10:00 MORNING GREETINGS 11:00 TRAVEL PROGRAM (LR) 12:00 DISCUSSION GROUP W/ ATHENA (LR) 1:00 LUNCH 2:30 SMALL GROUP W/ RACHEL (LR) <b>3:30 DOCUMENTARY: THE LAST YEARS OF MLK JR.'S LIFE</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>16 10:00 MORNING GREETINGS 11:00 SIT-COMS (LR) 12:00 MOVIN' AND GROOVIN' (LR) 1:00 LUNCH 2:30 EXERCISE W/ MYE 2:30 SENSORY STIMULATION W/ BETH 2:30 FRIENDLY VISITS W/ ANN (INDV) <b>3:30 BINGO (LR)</b> 4:30 EVENING NEWS (LR) 4:30 FRIENDLY VISITS W/ LILA &amp; SARAH/DAVE (INDV) <b>5:00 SHABBAT (AR)</b> 6:00 DINNER</p>	<p>17 10:00 MORNING GREETINGS 10:30 FRIENDLY VISITS W/ 11:00 FLOWER ARRANGING (LR) 11:00 THRESHOLD SINGERS (INDV) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PING-PONG BALL CHALLENGE (LR) 3:30 WEEKEND MATINEE (LR) 4:30 ONE ON ONE VISITS 6:00 DINNER</p>
<p>18 10:00 MORNING GREETINGS 11:00 MOVIN' AND GROOVIN' (LR) 12:00 MANICURES (LR) 1:00 LUNCH <b>2:30 WORSHIP SERVICE (LR)</b> 2:30 FRIENDLY VISITS W/ SEHEJ (INDV) 3:30 CREATIVE EXPRESSION (LR) <b>4:00 SENSORY STIMULATION W/ SEAN</b> 5:00 ONE ON ONE VISITS 6:00 DINNER</p>	<p>19 10:00 MORNING GREETINGS 11:00 MUSIC CONCERT (LR) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PET VISITS W/ PRETZEL (INDV) <b>2:30 PRESIDENTIAL RIDDLES (LR)</b> 3:30 CLASSIC FILM (LR) 4:30 POET'S CORNER W/ MINOO (INVD) 5:00 ONE ON ONE VISITS 6:00 DINNER</p> <p style="text-align: center;"><small>Presidents' Day</small></p>	<p>20 10:00 MORNING GREETINGS 10:30 FRIENDLY VISITS W/ JENNA (INDV) <b>11:00 COFFEE AND TEA SOCIAL (PO)</b> 12:00 BREATHING EXERCISE W/ JANE (LR) 1:00 LUNCH 2:30 BALLOON TOSS (LR) 2:30 PET VISITS W/ GABBY &amp; CHRISTINE (INDV) <b>3:30 SCIENCE EXPERIMENT (LR)</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR)</p>	<p>21 10:00 MORNING GREETINGS 11:00 NATURE SERIES 11:00 FRIENDLY VISITS W/ ANN (INDV) <b>12:00 PIANO W/ PAUL (LR)</b> 1:00 LUNCH 2:30 DART THROWING (LR) 2:30 FRIENDLY VISITS W/ SUE 3:30 TED TALKS 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>22 10:00 MORNING GREETINGS 11:00 TRAVEL PROGRAM (LR) 12:00 CHAIR DANCING (LR) 1:00 LUNCH 2:30 BEAN BAG TOSS (LR) <b>3:30 DOCUMENTARY: FREDERICK DOUGLASS</b> <b>4:30 PIANO W/ ASPEN (LR)</b> 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>23 10:00 MORNING GREETINGS 11:00 SIT-COMS (LR) 12:00 MOVIN' AND GROOVIN' (LR) 1:00 LUNCH <b>2:30 BIRTHDAY CELEBRATION! (LR)</b> 2:30 FRIENDLY VISITS W/ ANN (INDV) <b>3:30 BINGO (LR)</b> 4:30 EVENING NEWS (LR) <b>5:00 SHABBAT (AR)</b> 6:00 DINNER</p>	<p>24 10:00 MORNING GREETINGS 11:00 FLOWER ARRANGING (LR) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PING-PONG BALL CHALLENGE (LR) 3:30 WEEKEND MATINEE (LR) 4:30 ONE ON ONE VISITS 6:00 DINNER</p>
<p>25 10:00 MORNING GREETINGS 11:00 MOVIN' AND GROOVIN' (LR) <b>12:15 PIANO W/ THOMAS (LR)</b> 1:00 LUNCH <b>2:30 WORSHIP SERVICE (LR)</b> 2:30 FRIENDLY VISITS W/ SEHEJ (INDV) 3:30 CREATIVE EXPRESSION (LR) <b>4:00 SENSORY STIMULATION W/ SEAN</b> 5:00 ONE ON ONE VISITS 6:00 DINNER</p>	<p>26 10:00 MORNING GREETINGS 11:00 MUSIC CONCERT (LR) 12:00 AFTERNOON STRETCH (LR) 1:00 LUNCH 2:30 PET VISITS W/ PRETZEL (INDV) <b>2:30 BLACK HISTORY MONTH: WHO AM I? (LR)</b> 3:30 CLASSIC FILM (LR) 4:30 POET'S CORNER W/ MINOO (INVD) 5:00 ONE ON ONE VISITS 6:00 DINNER</p>	<p>27 10:00 MORNING GREETINGS 11:00 COFFEE AND TEA SOCIAL (PATIO) 12:00 BREATHING EXERCISE W/ JANE (LR) 1:00 LUNCH 2:30 BALLOON TOSS (LR) 2:30 PET VISITS W/ GABBY (INDV) 3:30 NATURE SERIES (LR) 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>28 10:00 MORNING GREETINGS 11:00 YOUR FAVORITE MUSIC (LR) 11:00 FRIENDLY VISITS W/ ANN (INDV) 12:00 CHAIR YOGA (LR) 1:00 LUNCH 2:30 DART THROWING (LR) 2:30 FRIENDLY VISITS W/ SUE 3:30 TED TALKS 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p>29 10:00 MORNING GREETINGS 11:00 TRAVEL PROGRAM (LR) 12:00 CHAIR DANCING (LR) 1:00 LUNCH 2:30 BEAN BAG TOSS (LR) <b>3:30 DOCUMENTARY: BARACK OBAMA</b> 4:30 ONE ON ONE VISITS 5:30 EVENING NEWS (LR) 6:00 DINNER</p>	<p style="text-align: center;"><b>*ACTIVITIES SUBJECT TO CHANGE*</b></p> <p style="text-align: center;"><b>LEGEND:</b> <b>AR – ACTIVITY ROOM</b> <b>LR – LIVING ROOM</b> <b>DR – DINING ROOM</b> <b>PO – PATIO</b></p>	